

## OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

## EXPERIENCE

04/04/2016 - To  
present

### DXN GREECE

- Seminars Assistant for individuals with eating disorders
- Sales Secretary
- Accountant Assistant

September 2018 -  
September 2021

### ROOTS WELLNESS CENTER

Adults Counseling and Psychotherapy  
Restoration of individuals mental health and self-awareness, thus contributing to the maximum utilization of personal abilities, immediate solution of day to day problems and the development of inner potential.

Reconstruction of self which includes processes such as, challenging dysfunctional thinking patterns, managing and processing feelings and behaviours in order to enhance self awareness and improving self esteem and self image.

05/09/2005 -  
08/04/2015

### PASCAL PACKAGING SYSTEMS

Headmaster's Assistant  
Sales Order Specialist  
Technical Department Support

## EDUCATION

2022 to present

### National and Kapodistrian University of Athens

Learn Inn in Special Education and Training

2021

### University of Derby, Kedleston Rd, Derby, United

Master's Degree in Integrative Counseling and Psychotherapy

2018

### University of Derby, Kedleston Rd, Derby, United Kingdom

Bachelor Degree in Applied Psychology

2005

### IEK XINI, Acadimias 98, Athens

Computer Science

2003

### 1st Integrated Lyceum of N. Chalkidona

High school diploma

## SKILLS

Interpersonal skills  
Empathy  
Listening  
Problem solving  
Verbal communication

## INTERESTS

Dance

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## LANGUAGES

English, Proficiency, University of Michigan

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## REFERENCE

**Athina Trigenis - "ROOTS WELLNESS CENTER"**

Clinical Psychologist - Psychotherapist  
2109510725

**Greta Gerazi - "ROOTS WELLNESS CENTER"**

Psychologist  
2109510725

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## LICENCE

Board certified Psychologist, in Greece